

# B A L A N C E

for oily and combination skin

Soderli



# Sodashi

Wholeness. Purity. Radiance. That's the meaning of the Sanskrit word Sodashi, and it perfectly describes the values by which all of our sophisticated, chemical-free skin care products are created – without compromise.

Sodashi products are unparalleled in performance and purity, employing only therapeutic grade, ethically-sourced essential oils and plant actives to heal and nurture.

From seed to shelf, Sodashi remains true to its name, dramatically regenerating the skin, and imparting a deep sense of wellbeing to spirit and mind.

Sodashi is proof that chemical-free skin care *can* be luxurious and *does* achieve exceptional results.

# B A L A N C E

for oily and combination skin

A specialist skin care range to restore balance to oily, combination and congested skin types.

Therapeutic grade Lime, Ylang Ylang and Petitgrain decongest while healing Palmarosa and Lavender encourage a clear, fresh complexion.



WHAT KIND OF SKIN DO YOU HAVE?

Is it sensitive? Prone to redness? Flares up easily? Very reactive?

Man skin that just needs General Maintenance?

**Cleanse**  
with these:

- Eye and Lip Cleanser With Chamomile
- Clay Cleanser with Sandalwood

- Eye and Lip Cleanser with Chamomile
- Clean Skin Cleanser and Shaving Emulsion

**Exfoliate**  
with these:

- Calming Concentrate
- Face Polish

- Face Polish

**Tone & refresh**  
with these:

- Calming Rose Face Mist

- Skin Karma Aftershave and Face Mist

**Treat**  
with these:

- Calming Skin Boost
- Recovery Skin Boost
- Eye Lifting Gel
- Blemish Treatment

- Skin Restore
- Recovery Skin Boost
- Eye Lifting Gel
- Blemish Treatment

**Nourish & nurture**  
with these:

- Calming Face and Neck Moisturiser
- Eye and Lip Smoother
- Nourishing Repair Treatment
- Samadara Ultimate Age-Defying Crème

- Sleek Moisturiser
- Eye and Lip Smoother
- Nourishing Repair Treatment

**Give intensive repair**  
(every 3-4 days)  
with these:

- Calming Serum
- Gentle Repair White Clay Mask
- Eye Mask

- Revitalising Yellow Clay Mask
- Eye Mask

It is normal with a shiny T-zone?  
Or oily? Or a combination of oily,  
normal and dry?

- Eye and Lip Cleanser with Chamomile
- Clay Cleanser with Lime

- Balancing Concentrate
- Face Polish

- Balancing Face Mist

- Balancing Skin Boost
- Recovery Skin Boost
- Eye Lifting Gel
- Blemish Treatment

- Balancing Face and Neck Moisturiser
- Eye and Lip Smoother

- Balancing Serum
- Revitalising Yellow Clay Mask
- Eye Mask

Is it normal? Perhaps a little dry  
or dehydrated? Loves a good  
boost of moisture?

- Eye and Lip Cleanser with Chamomile
- Clay Cleanser With Lavender

- Rejuvenating Concentrate
- Face Polish

- Rejuvenating Face Mist

- Rejuvenating Skin Boost
- Recovery Skin Boost
- Eye Lifting Gel
- Blemish Treatment

- Rejuvenating Face and Neck Moisturiser
- Eye and Lip Smoother
- Nourishing Repair Treatment
- Samadara Ultimate Age-Defying Crème

- Rejuvenating Serum
- Plant Essence Replenish Mask
- Revitalising Yellow Clay Mask
- Eye Mask

# CLEANSE

## CLAY CLEANSER WITH LIME

Deep cleansing,  
anti-bacterial

200ml/6.8fl.oz e



This gentle non-foaming cleanser dissolves makeup and impurities. Lime balances sebum production, while White Clay re-mineralises and softens the skin.

**Directions:** Massage onto damp face and neck. Remove with a warm, damp face cloth or rinse well with water.

**Tip:** Apply cleanser in the shower to let the steam open your pores for a deeper cleanse.

**Ingredients:** aqua (purified water), macadamia integrifolia (macadamia oil), prunus armeniaca (apricot kernel oil), prunus dulcis (almond oil), cetearyl alcohol (plant derived), simmondsia chinensis (jojoba oil\*), #1332/58/7 kaolin (argiletz white clay), tocopherol (vitamin E), citrus grandis (grapefruit seed extract), xanthan gum, citrus aurantifolia (lime\*), potassium sorbate. \*organic

# CLEANSE

## EYE AND LIP CLEANSER WITH CHAMOMILE

Ultra-gentle,  
nourishing cleanser

50ml/1.7fl.oz e



This ultra-gentle cleanser effectively dissolves eye makeup and lipstick. Jojoba Oil softens skin and strengthens eye lashes, while Chamomile soothes the delicate eye and lip areas.

**Directions:** Remove all types of makeup by gently massaging onto eyelids, over lashes and lips. Remove with a damp cotton pad.

**Tip:** For irritated or tired eyes, massage into area for a soothing treatment.

**Ingredients:** aqua (purified water), simmondsia chinensis (jojoba oil\*), cetearyl alcohol (plant derived), macadamia integrifolia (macadamia oil), prunus armeniaca (apricot kernel oil), prunus dulcis (almond oil), tocopherol (vitamin E), citrus grandis (grapefruit seed extract), myrtus communis (myrtle hydrosol\*), rosa damascena (damask rose), myrtus communis (myrtle sweet\*), anthemis nobilis (chamomile roman\*). \*organic

# EXFOLIATE

## BALANCING CONCENTRATE

Retexturise and decongest

30ml/1fl.oz e



A concentrated blend of therapeutic plant essences exfoliate, cleanse and clear the complexion. Lemon and Petitgrain decongest, while Lavender stimulates healthy cell renewal.

**Directions:** After cleansing morning and evening, add 10 drops to a basin (about 1.5 litres) of very warm water. Immerse a face cloth, squeeze out and compress onto the face. Repeat twice to exfoliate and refresh.

**Tip:** Take time to inhale the aromas and nurture yourself.

**Ingredients:** prunus dulcis (almond oil polyglycerol), citrus aurantifolia (lime\*), citrus aurantium amara (petitgrain\*), lavandula angustifolia (lavender\*), citrus limon (lemon\*), cymbopogon martini (palmarosa\*), alcohol (ethanol, pure cane spirit), soy lecithin, tocopherol (vitamin E). \*organic

# EXFOLIATE

## FACE POLISH

Brightening,  
restores radiance

50ml/1.7fl.oz e

A gentle yet effective exfoliant that promotes skin renewal and brightens the complexion. Jojoba beads remove dead skin cells, while Orange and Lemon re-energise the skin.

**Directions:** For use 1 to 2 times per week. Massage a small amount onto a damp face. Remove with a warm, damp face cloth or rinse well with water.

**Tip:** Mix Face Polish with a clay cleanser for a gentler exfoliation.

**Ingredients:** aqua (purified water), simmondsia chinensis (jojoba beads), xanthan gum, santalum spicatum (sandalwood powder), citrus grandis (grapefruit seed extract), sodium cocoamphoacetate\*, vegetable glycerin, lauryl glucoside\*, sodium cocoyl glutamate\*, sodium lauryl glucose carboxylate\*, potassium sorbate, citrus limon (lemon\*), citrus sinensis (sweet orange\*), rosmarinus officinalis (rosemary verbenone\*). \*organic



# TO NE

## BALANCING FACE MIST

Refreshing and purifying

100ml/3.4fl.oz e



This refreshing mist purifies and balances the skin. Lime and Ylang Ylang help control excess sebum production for a balanced complexion.

**Directions:** After cleansing and exfoliating, close eyes and mist over entire face, neck and décolletage.

**Tip:** Use throughout the day to refresh.

**Ingredients:** aqua (purified water), alcohol (ethanol, pure cane spirit), soy lecithin, tocopherol (vitamin E), prunus dulcis (almond oil polyglycerol), citrus aurantifolia (lime\*), citrus grandis (grapefruit seed extract), cananga odorata (ylang ylang\*), cedrus atlantica (cedarwood\*), rosa damascena (damask rose). \*organic

# TREAT

## BALANCING SKIN BOOST

Healing, mattifying  
mineral-rich gel

50ml/1.7fl.oz e



This light leave-on gel controls oil secretion to provide a matte finish. Healing Lavender and Palmarosa balance combination skin and even skin tone.

**Directions:** After cleansing and exfoliating, apply a small amount onto face and neck.

**Tip:** Apply a second layer over moisturiser to give a matte base for make-up.

**Ingredients:** aqua (purified water), magnesium oxide, sodium oxide, silicon oxide, citrus grandis (grapefruit seed extract), cymbopogon martini (palmarosa\*), cananga odorata (ylang ylang\*), lavandula angustifolia (lavender\*), pelargonium graveolens (geranium\*), aniba roseodora (rosewood), citrus aurantium amara (petitgrain\*), cedrus atlantica (cedarwood\*), rosa damascena (damask rose), myrtus communis (myrtle sweet\*), anthemis nobilis (chamomile roman\*). \*organic

# TREAT

## RECOVERY SKIN BOOST

Healing, oxygenating  
mineral-rich gel

50ml/1.7fl.oz e



This powerful, regenerative leave-on gel nourishes and soothes overexposed or stressed skin. Seaweed oxygenates the skin, while Bilberry and Carrot Seed help protect and repair skin cells.

**Directions:** After cleansing and exfoliating, apply a small amount onto face and neck.

**Tip:** Apply under a face mask for an intensive skin recovery treatment. Ideal after travel.

**Ingredients:** aqua (purified water), santalum spicatum (sandalwood hydrosol), magnesium oxide, sodium oxide, silicon oxide, aniba roseodora (rosewood), citrus grandis (grapefruit seed extract), fucus vesiculosus (fucus), vaccinium myrtillus (bilberry\*), rosmarinus officinalis (rosemary verbenone\*), cananga odorata (ylang ylang\*), citrus aurantium amara (petitgrain\*), daucus carota (carrot seed). \*organic

# TREAT

## EYE LIFTING GEL

Instantly firms,  
tones and lifts

50ml/1.7fl.oz e



A leave-on gel to instantly firm, tone and lift the eye area. Cistus Hydrosol and Damask Rose help reduce the appearance of fine lines, while Calendula reduces puffiness.

**Directions:** After cleansing, apply a small amount around the entire eye area and allow to dry.

**Tip:** Re-apply after Eye and Lip Smoother for a more lifting effect.

**Ingredients:** aqua (purified water), myrtus communis (myrtle hydrosol\*), cistus ladaniferus (cistus hydrosol\*), magnesium oxide, sodium oxide, silicon oxide, citrus grandis (grapefruit seed extract), aniba roseodora (rosewood), calendula officinalis (calendula oil\*), pogostemon cablin (patchouli\*), rosa damascena (damask rose). \*organic

# TREAT

## BLEMISH TREATMENT

Healing, skin-perfector

50ml/1.7fl.oz e



This soothing gel quickly treats and prevents blemishes. Anti-bacterial Spike Lavender clears the skin, while Calendula and Chamomile reduce redness and inflammation.

**Directions:** After cleansing, apply a small amount onto affected areas of face and neck.

**Tip:** First aid in a bottle.  
Use on bites, cuts, abrasions.

**Ingredients:** aqua (purified water), magnesium oxide, sodium oxide, silicon oxide, citrus grandis (grapefruit seed extract), lavandula latifolia (lavender spike\*), cymbopogon martini (palmarosa\*), calendula officinalis (calendula oil\*), melaleuca viridiflora (niaouli\*), pelargonium graveolens (geranium\*), myrtus communis (myrtle\*), anthemis nobilis (chamomile roman\*), chamomilla matricaria (chamomile german\*), rosa damascena (damask rose). \*organic

# NOURISH

## BALANCING FACE AND NECK MOISTURISER

Light, anti-bacterial  
moisturiser

50ml/1.7fl.oz e



This light moisturiser leaves skin feeling smooth, clean and fresh. Anti-bacterial Rosemary balances oil production, while healing Rosehip promotes even skin tone.

**Directions:** Apply to face and neck morning and evening.

**Tip:** Press moisturiser into the skin rather than massage to stimulate lymphatic system and give a more toned finish.

**Ingredients:** aqua (purified water), corylus avellana (hazelnut oil), cetearyl alcohol (plant derived), simmondsia chinensis (jojoba oil\*), macadamia integrifolia (macadamia oil), prunus armeniaca (apricot kernel oil), prunus dulcis (almond oil), butyrospermum parkii (shea nut butter\*), rosa rubiginosa (rosehip oil\*), tocopherol (vitamin E), citrus grandis (grapefruit seed extract), citrus aurantifolia (lime\*), cymbopogon martini (palmarosa\*), lavandula latifolia (lavender spike\*), cedrus atlantica (cedarwood\*), rosmarinus officinalis (rosemary\*), rosa damascena (damask rose). \*organic

# NOURISH

## EYE AND LIP SMOOTHER

Restore elasticity,  
minimise fine lines

30ml/1fl.oz e



This ultra-gentle moisturiser smoothes, hydrates and minimises the appearance of fine lines. Rosehip and Centella help restore elasticity, while Myrtle reduces puffiness.

**Directions:** Apply a small amount to the lip and eye areas morning and evening.

**Tip:** Apply to lips as a primer for lipstick.

**Ingredients:** aqua (purified water), cistus ladaniferus (cistus hydrosol\*), rosa rubiginosa (rosehip oil\*), myrtus communis (myrtle hydrosol\*), centella asiatica (centella oil), cetearyl alcohol (plant derived), butyrospermum parkii (shea nut butter\*), tocopherol (vitamin E), citrus grandis (grapefruit seed extract). \*organic

# NOURISH

## NOURISHING REPAIR TREATMENT

Powerful anti-ageing  
restorative cream

50ml/1.7fl.oz e

This powerful anti-ageing treatment feeds the skin with essential nutrients, reducing fine lines and leaving skin smooth and supple. Antioxidant-rich Carrot Oil protects and repairs, while Cistus promotes skin cell renewal.

**Directions:** Apply to face and neck at night as an intensive treatment for normal skin, or day and night for dry and mature skin.

**Tip:** Ideal repair for pigmentation. Apply to back of hands as well as face.

**Ingredients:** aqua (purified water), cetearyl alcohol (plant derived), persea gratissima (avocado oil\*), macadamia integrifolia (macadamia oil), prunus armeniaca (apricot kernel oil), prunus dulcis (almond oil), butyrospermum parkii (shea nut butter\*), centella asiatica (centella oil), rosa rubiginosa (rosehip oil\*), daucus carota sativa (carrot oil\*), tocopherol (vitamin E), citrus grandis (grapefruit seed extract), boswellia carterii (frankincense), lavandula angustifolia (lavender\*), pogostemon cablin (patchouli\*), cistus ladaniferus (cistus\*), aniba roseodora (rosewood), citrus aurantium (neroli), rosa damascena (damask rose). \*organic



# INTENSIVE REPAIR

## BALANCING SERUM

Repair and regulate sebum

30ml/1fl.oz e



An easily absorbed treatment that balances sebum and restores a radiant complexion. Ylang Ylang helps control oil, while Vitamin C-rich Rosehip Oil promotes cell renewal and healing.

**Directions:** Massage into cleansed skin in the evening and follow with a Sodashi moisturiser. Use during the day if extra hydration is needed.

**Tip:** When applying your serum, give your face a five minute massage with upwards and outwards strokes.

**Ingredients:** corylus avellana (hazelnut oil), simmondsia chinensis (jojoba oil\*), rosa rubiginosa (rosehip oil\*), tocopherol (vitamin E), citrus aurantium amara (petitgrain\*), citrus sinensis (sweet orange\*), lavandula latifolia (lavender spike\*), cananga odorata (ylang ylang\*), cedrus atlantica (cedarwood\*). \*organic

# INTENSIVE REPAIR

## REVITALISING YELLOW CLAY MASK

**Firming, restores radiance**

50ml/1.7fl.oz e

A balancing and hydrating mask that softens skin and restores a radiant complexion. Yellow Clay refines pores, while Shea Butter and Macadamia Oil replenish moisture.

**Directions:** For use weekly. Apply liberally to the face and neck, avoiding the eye area. Leave on for 10 – 20 minutes. Remove with a warm, damp face cloth.

**Tip:** Before removing mask, massage into the skin with damp finger tips.

**Ingredients:** aqua (purified water), corylus avellana (hazelnut oil), cetearyl alcohol (plant derived), #1332/58/7 kaolin (argiletz white clay), jasminum grandiflorum (jasmine hydrosol\*), macadamia integrifolia (macadamia oil), prunus armeniaca (apricot kernel oil), prunus dulcis (almond oil), butyrospermum parkii (shea nut butter\*), #1332/58/7 illite (argiletz yellow clay), tocopherol (vitamin E), soy lecithin, citrus grandis (grapefruit seed extract), xanthan gum, citrus aurantium amara (petitgrain\*), cananga odorata (ylang ylang\*), jasminum grandiflorum (jasmine\*). \*organic



# INTENSIVE REPAIR

## EYE MASK

Revitalising,  
minimises fine lines

50ml/1.7fl.oz e

Revitalise and repair the delicate skin around the eyes with this gentle yet deeply nourishing mask. Gotu Kola promotes circulation, while Rosewood supports cell renewal and minimises fine lines.

**Directions:** For use 1 to 2 times per week. Apply a small amount around the eye area. Leave on for 10 - 20 minutes, remove with a warm, damp face cloth.

**Tip:** Before removing Eye Mask, dampen finger tips and massage into the eye area.

**Ingredients:** aqua (purified water), macadamia integrifolia (macadamia oil), prunus armeniaca (apricot kernel oil), prunus dulcis (almond oil), cetearyl alcohol (plant derived), simmondsia chinensis (jojoba oil\*), centella asiatica (centella oil), rosa rubiginosa (rosehip oil\*), myrtus communis (myrtle hydrosol\*), cistus ladaniferus (cistus hydrosol\*), citrus grandis (grapefruit seed extract), xanthan gum, centella asiatica (gotu kola), tocopherol (vitamin E), potassium sorbate, aniba roseodora (rosewood), lavandula angustifolia (lavender\*), anthemis nobilis (chamomile roman\*), rosa damascena (damask rose). \*organic



# BALANCE

## BALANCE SKIN CARE KIT

Skin care ritual for oily, combination or congested skin

A complete skin care ritual to restore natural balance to oily, combination or congested skin types. The Balance Skin Care Kit comes in a reusable canvas bag, is ideal for travel and contains: Clay Cleanser with Lime 30ml, Balancing

Concentrate 30ml, Balancing Face Mist 50ml, Balancing Skin Boost 30ml, Balancing Face and Neck Moisturiser 30ml and Eye and Lip Smoother 30ml.

**Tip:** Ideal for travel or as a Sodashi starter kit.



